Newsletter


# In brief:

* The [Game of](https://gameofstonesresearch.com/Public/Public/index.cshtml)

 [Stones](https://gameofstonesresearch.com/Public/Public/index.cshtml) team presented a poster at the 6th

**Volume 4, Issue 4. 31/10/22**

**IMpact of Practice on Life with an Indwelling Catheter - internATional Evaluation - IMPLICATE)** By Suzanne Hagen

International Clinical Trials Methodology Conference

(ICTMC) in

Harrogate, on the impact of Covid-19 on recruiting men to the Game of Stones trial.

* A recently completed

qualitative study,

funded by the CSO, in which Prof Anne Whittaker was involved as co- investigator, **assessed the**

**impact of Alcohol Minimum Unit Pricing (MUP) on homeless and street drinkers.** A summary of the key findings are available on the CSO website:

 [Research Project](https://www.cso.scot.nhs.uk/funded-research/health-improvement-protection-and-services-research-committee-2018-2/)

 [Briefing.](https://www.cso.scot.nhs.uk/funded-research/health-improvement-protection-and-services-research-committee-2018-2/)

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###  Inside this issue:

Suzanne Hagen attended the Society of Urologic Nurses and Associates (SUNA) conference in New Orleans to present preliminary findings from a cross-country comparison of quality of life (QoL) in long-term urinary catheter users (*IMpact of Practice on Life with an Indwelling Catheter - internATional Evaluation - IMPLICATE*). A long-term indwelling urinary catheter is commonly used by individuals with lower urinary tract problems. In the UK 3% of people living in the community and 13% of residents

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| IMPLICATE Project**By Suzanne Hagen** | **1** |
| PhD Success**By Chris Johnson** | **1** |
| MND Association’s InauguralEnCouRage UK Event**By Nicola Glennie** | **2** |

# PhD Success

By Chris Johnson

I am one of the NMAHP- RU Director’s recently successful part-time PhD students.

I/we have just had our review of reviews accepted for publication in BMJ Medicine *'Selective serotonin re-uptake*

*inhibitor monotherapy dose*

*-response effects for the*

*treatment of depression: A systematic review of reviews and meta-narrative synthesis.'*

My studies started as a PhD by publication. I started my systematic review journey in 2016, which was a great learning experience, but developed into an odyssey for myself and my supervisors. From protocol submission to the Systematic Reviews

living in nursing homes use a long-term catheter. However, the effect of the catheter, and associated catheter care policies, such as time between catheter replacements, on QoL are unclear. The purpose of this study was to describe users’ QoL and determine any impact on this due to nursing care, and to compare nursing care practices between the United

States and the United Kingdom.

The research was funded by a grant from the SUNA Experienced Investigators Program. Researchers

journal who rejected it after 14 months of delays, and subsequent submission to BMJ Open who provided very positive reviews but declined publication as it had been 'superseded by a recent systematic review' by Furukawa and Cipriani’s team. Nonetheless, there were gaps in that review and others. Therefore

there were justifications for a review of reviews which we completed over the next 2 years, and submitted to BMJ Sept 2021. During this process I decided to submit a more

traditional research thesis based on my review and 2 empirical studies (1

quantitative and 1 qualitative).

from University of

Pennsylvania, NMAHP RU at Glasgow Caledonian University and University of Stirling conducted the study in Pennsylvania and Lanarkshire, recruiting 190 participants. The findings will be submitted to the

SUNA journal for publication later this year.

Prof A. Shepherd, Assoc Prof D. Newman, Prof S. Hagen

Both empirical studies were also published ([BMC Fam](https://bmcprimcare.biomedcentral.com/articles/10.1186/s12875-014-0210-9)

 [Pract 2014, 15:210](https://bmcprimcare.biomedcentral.com/articles/10.1186/s12875-014-0210-9) & [BMC](https://bmcprimcare.biomedcentral.com/articles/10.1186/s12875-017-0643-z)

 [Fam Pract 2017 Jun 17;18](https://bmcprimcare.biomedcentral.com/articles/10.1186/s12875-017-0643-z)

 [(1):72.](https://bmcprimcare.biomedcentral.com/articles/10.1186/s12875-017-0643-z)

Research is challenging, but the publication process was the thing that nearly broke me. But I knew there was value in the review and Margaret, along with Brian Williams, Steve MacGillivray and Nadine Dougall, were very

supportive, and I’m a wee bit stubborn. We didn’t have the resources of

Furukawa’s team but have been successful through persistence. Fingers crossed it will be in print soon.

## Motor Neurone Disease Association’s Inaugural EnCouRage UK Event

By Nicola Glennie

In July I was selected to attend the Motor Neurone Disease Association's

inaugural EnCouRage UK event. The conference was started by the charity to recognise and encourage the work of early career researchers and PhD students, with the aim of retaining their knowledge and experience to lead MND research in the future. It was an excellent chance for me to present my research project and receive feedback. Not only to other early career researchers and PhD students but also to

people living with MND, their carers and some of the UK’s leading researchers and funders. I had to do a 3-minute presentation of my PhD research, which is investigating ‘coping’ among people living with MND using interviews and diary methods. It also explores the views of carers and health care professionals through focus groups. Presenting was a bit daunting, but the friendliness and enthusiasm of the Motor Neurone Disease

Association’s research team made it a really positive experience. On the second day of the conference, we had a visit from the

Association’s Royal Patron HRH The Princess Royal. Thankfully I didn’t have to present to royalty, but she did chat with every table in the room asking us personally about our research projects and expressing her interest in our topics. The whole conference was a great experience and I came away enthused and inspired.

* Children’s chronic pain, defined as pain which lasts for three months or more, is a global public health problem. Dr Emma France of NMAHP-RU is leading an NIHR-funded systematic review and synthesis of the

qualitative evidence exploring how children with chronic pain and

their families think about and live with pain, and what they think about and want from pain

treatments and services. Emma, colleague Dr Mayara Silveira

Bianchim, and project

lay representative Georgina Ferguson-

Glover co-presented the research findings at the Royal College of

International Nursing Research Conference in Cardiff, Wales on

6/09/22.

**Find us on the web!** [**www.nmahp-ru.ac.uk**](http://www.nmahp-ru.ac.uk/) **@NMAHPRu**

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Recent publications

* Copeland, L., Littlecott, H., Couturiaux, D., Hoddinott, P., Segrott, J., Murphy, S., Moore, G. and Evans, R. (2022) Adapting population health interventions for new contexts: Understanding the experiences, practices and challenges of researchers, funders, journal editors and policy- makers. *BMJ Open, 12(10), pp. e066451* .
* Dwyer, L., Bugge, C., Hagen, S., Goodman, K., Agur, W., Dembinsky, M., Graham, M., Guerrero, K., Hemming, C., Khunda, A., McClurg, D., Melone, L., Thakar, R., Kearney, R. and TOPSY Team. (2022) Theoretical and practical development of the TOPSY self-management intervention for women who use a vaginal pessary for pelvic organ prolapse. *Trials,* 23 (1), pp. 742.
* Gilmour, L., Best, C., Duncan, E. and Maxwell, M. (2022) Characteristics and outcomes of referrals to CAMHS for children who are thinking about or attempted suicide: A retrospective cohort study in two Scottish CAMHS. *Frontiers in Psychiatry (e-Pub Ahead of Print) Doi: 10.3389/fpsyt.2022.914479*.

**Directors Blog:**

Like any business with shareholders, a Research Unit such as ours also has ‘investors’\*who want to see increased

productivity, income and outputs. I report regularly in this blog on the ever-growing value of our research portfolio. However,

today I wanted to highlight some of the additional tasks that are often overlooked ‘in the figures’, but that we undertake as

academics and as figureheads for the healthcare professions we represent. I cannot possibly list all the external roles that NMAHP-RU staff undertake as each member of staff regularly contributes to journal editorial boards, international conference committees, grant funding panels, and as advisors to research study steering committees. In addition to such roles, I can still only highlight a sample of groups/ organisations we currently contribute to, such as: the Chief Nursing Officer’s Research Advisory Group; the Council of Deans for Health Research Advisory

Group; the Council for Allied Health Professions Research Professoriate; the UK Network of Professors in Midwifery and Maternal and Infant Health; the Queen’s Nursing Institute for Scotland’s ‘Coalition for Healthier Pregnancies, Better Lives’; the European Stroke Organisation Aphasia Guideline Group; Trustee to the Royal College of Speech and Language Therapy (R&D); the Joanna Briggs Knowledge Users Methodology Group; and the Scottish Government National Advisory

Committee for Stroke. These contributions are an important part of our job, but they are also valued for the reciprocal learning we gain from being involved in such work with other colleagues inside and outside of academia.

 \*We are part funded by the Chief Scientist Office and part-funded by our two host HEI’s University of Stirling and Glasgow Caledonian University.

**Best Wishes, Margaret Maxwell**